



PRACTICING DIGITAL MEDIA AND
COMMUNICATION SKILLS



ATTENDING A YOUTH
CONFERENCE FOR
CHANGEMAKERS



FIELD RESEARCH : GETTING TO
KNOW LOCAL ENVIRONMENTAL
ORGANIZATIONS

Sample Day 1

10:00-11:00 Morning Discussions

Student-led topics discussed: news, current struggles, questions

11:00-11:30 Break

10-minute mindfulness meditation and free time

11:30-1:00 Mini Lesson

Focus on a specific skill or content area. Breakout sessions to apply/explore

1:00-1:45 Lunch

A tech-free lunch with student-generated table topics to discuss

2:00-3:00 Research & Report Findings

Students use digital tools to research their specific area of focus, organize their findings and report back to the group

3:00-4:00 Self-Reflection

Journal Writing and Digital Story reflecting. Students organize notes and ideas, focusing on daily accomplishments, inspirations and goal setting

Sample Day 2

10:00-10:30 Morning Discussions

Student-led topics discussed: news, current struggles, questions

10:30-11:00 Field Trip Preparation

Prepare field notes, research questions & goals for visit to local business

11:15-11:45 Travel

Travel to site of visit and have a light snack

12-1:30 Field Research

Local business gives us tour explaining their story, communities they serve and volunteer opportunities

1:30-3:00 Working Lunch

A tech-free lunch with prompts to discuss lessons learned & ideas generated from visit

3:00-4:00 Self-Reflection

Journal Writing and Digital Story reflecting. Students organize notes and ideas, focusing on daily accomplishments, inspirations and goal setting